



2017 Term 1 Program



2 Saarinen Avenue St Agnes

Street parking available

Director: Heather Fuss

CDC: John Buckell

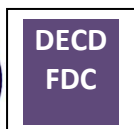
Government of South Australia

For assistance & bookings call 82649828 or call/sms: 0409984495

Monday	Tuesday	Wednesday	Thursday	Friday
Sessional Kindy	Sessional Kindy	Sessional Kindy	Sessional Kindy	Coffee Mornings
During school term 8:15am -3:45pm	During school term 8:15am -3:45pm	During school term 8:15am -3:45pm	During school term 8:15am -3:45pm	All welcome catch up before school assembly weeks 3, 6, 9 - 8:45-10am in the Community Room no need to book Children welcome with supervision
Occasional Care	Occasional Care	Occasional Care	Occasional Care	
Over two years old during school term 8:30 to 11:30am	Over two years old during school term 8:30 to 11:30am	Under & over two years old during school term 8:30 to 11:30am	Under & over two years old during school term 8:30 to 11:30am	
Baby Playgroup	Building Blocks	Making Music	Baby Playgroup	Ardornish Playgroup
A chance for dads & mums of infants to meet & share stories, songs and play 10:30am-12pm	Can: Do4Kids - OT support for children with special rights. By referral only 10-11am	Music Teacher Melissa Burrow's 5 week program from 22Feb 9:30-10:15 Call 0422667261 to book	A chance for dads & mums of infants to meet & share stories, songs and play 10:30am-12pm	Wed & Friday school term Lutyens Avenue, St Agnes Children walking age & over 9:30 -11:30am
Our Garden	Mum's & Bubs Yoga	Ardornish Playgroup	New Parent Group	Parenting Programs
Plants are growing, the chooks are laying, we're planting & you can join us too. Green thumbs not required.	A five-week program Tuesdays from 14 Feb to 14 March, 11:30-12:30. To book call Shauna on 0431 909 878	Wed & Friday school term Lutyens Ave - Children walking age & over 9:30 - 11:30am. Playgroup SA insurance & small fee	CaFHS Getting to Know Your Baby new parent's group are provided here.. By referral only Call 1300 733 606	Free, facilitated groups for dads, mums & carers to reflect on & share their experiences and solutions. Book now for term 2
Health Support	Vacation Play	Diabetes Support Group	Special Visitors Week	
Do you or your child need some extra help? Speech, physical, dental or mental health issues? We can provide advice, referrals or specialist to assist	Join JP & kindy children & siblings- Goldfield Reserve 10am -12pm Tues 24 Jan Free BBQ & Play - Bring a plate and seat & we'll bring some play things	Peer support for families of children with diabetes. All welcome. Morning tea provided. Wednesday 8 March 8:45-10am	Kindy children's special friends and relatives are invited to visit our kindy and see what we all get up to. Simply observe, join in, read a story, play in the sand pit, splash some paint, chase the chooks or share some play. 13 - 16 February, Monday to Thursday 8:15am -3:45pm	
Parent Info Sessions	Mindfulness Course	Let's Read	Kindy Wheels Day	Cycle Saturday
Speakers or groups tailored to meet the issues and ideas that are raised by parents. Do you have any ideas toileting, sleep, nutrition, allergies??	Coping in a Busy World Philip Altmann's Five weeks Mindfulness course Feb 21, 28, Mar 14, 21 & 28 7-8:15pm. To register call Philip on 0408306100	Free resources to promote reading for children birth to five years. Speak with Heather or John. We also distribute Little Big Book Club books	Scooter or cycle about the carpark, parents welcome Safety gear essential - see notice later in term	Develop cycling skills & confidence. Ride the circuit around the school 18 Mar 9:45 -12.00 BBQ snack It's free, Kindy & JP kids
Financial Solutions	Mindfulness Practice	Mindful Men	Family First Aid	Dad Time
Pam Carrington has 25 year experience in financial services. She will speak about the benefits of refinancing your home Sat 11 March 10-12pm - call to book a place	Support for practice First Tuesday in the month 7-8:15pm. Cost \$5	A short - 3 week - intro to Mindfulness, Wednesdays 7 - 8:15pm, March 1, 8, 15	A course tailored to what you need to know. Free crèche and 3 hour course - run on a Saturday when we have enough bookings	Occasional out-of-hours session specifically for dads, male carers and their children.
	Twilight Play			
	Free evening play sessions for kindy, JP children and siblings. Tues 28 Feb Float your boat & Pancake Making & Thurs 23 March Junk play, 5:30-7pm. Child's meal provided			



We do our best but sometimes there are changes to this program. Up-to-date information is available on our Facebook page. For further information, to share your thoughts about activities or to suggest how we can better work with families and services call 8264 9828 or call/sms 0409984495. Call or drop in to book and sessions. Visitors are welcome between 9:30-11:30am and 1:30-3pm.
Kindy information sessions will be held in term 4 for those who have completed an expression of interest.



Can:Do 4Kids



WOMEN'S AND CHILDREN'S HEALTH NETWORK
Child and Youth Health

wave yoga
with shauna

Modbury Podiatry Care

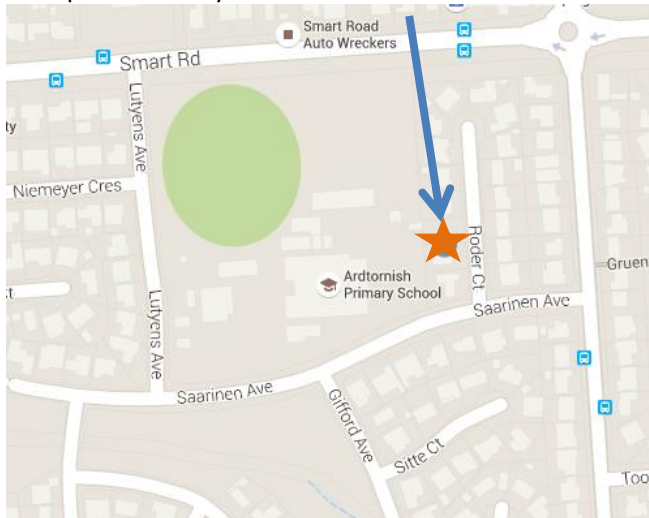
Programs

The Ardtornish Children's Centre for Early Childhood Development and Parenting opened in early 2014. We are an integrated early years' service working with early childhood and other professionals, families, and the local community to support children and families.

Together we design and provide programs and resources that support all busy dads and mums, families, and carers to improve young children's healthy development and wellbeing. Our program changes each term to reflect community identified needs.

How to Get here

Busses to St Agnes: alight at stop 43E on Smart Road – route 541, 541G, 541X, 556, 559 & N514 & stop 42 on Tolley Road – route 556



Enter from Saارين Avenue. Please note that only street car parking is available during the day.

Kindy

15 hours of sessional kindy is offered to children in their eligible year. Two groups operate from 8:15am to 3:45pm, one on Mondays and Wednesdays, and a second on Tuesdays and Thursdays. Fees are \$150 a term.

Occasional care

Sessions run from 8:30-11:30, for two years and over Mondays to Thursdays, and for under twos on Wednesdays and Thursdays during school term. Priority is given to children not using other care and education services and bookings are made on an occasional basis. Fees: \$5 a session or \$1.50 with Health Care Card.

Twilight & Saturday Play

Free evening and weekend sessions usually held in the kindy or school grounds for families, kindy aged children, siblings and friends. Usually themed, with time for free play and food provided.

Making Music

Melissa Burrows is a qualified music teacher who works in schools, at libraries and provides a five week, fun and nurturing musical program for children under four years and their families. Parent supervision is essential. Cost - \$30 per child with a sibling discount. Bookings are essential call Melissa on 0422 667 261

Dad Time & Baby Playgroups

A fun time for younger children to explore with their senses, and for adults to share their ideas, knowledge and experiences with support from our staff. Groups are run

for dads & mums during the week with occasional weekend session just for male carers and fathers. These are free.

Playgroup

We recommend the use of the on campus Ardtornish Playgroup for toddlers up to school age. This playgroup has been operated by parents for over 30 years. There is a cost for insurance and a small fee for replacing material and the annual Christmas party.

Mum's and Bub's Yoga

Shauna has been running successful yoga classes here since 2014 and has more than 4000 teaching hours experience.

Her Mum's and Bub's program is for children 8 weeks to 12 months. A fee of \$90 (concession \$80) is due prior to class. Booking and details contact Shauna on 0431 909 878 or info@waveyoga.com.

Bring a yoga mat and water for yourself, a soft blanket for bubs to lie on, comfort items, and bottle if not breastfeeding.

Parenting Courses

Free, facilitated opportunities for parents to reflect on and share their parenting experiences and solution are run regularly. Book now for term 2's evening Circle of Security (COS) program and a COS reflections group (for parents who have completed a COS program) this term.

Mindfulness Course

Philip's workshops introduce Mindfulness practice that with regular use has been scientifically proven to: reduce daily stress and anxiety; help relax our bodies and calm our mind; increase our attention and focus, and through this improve relationships with others. Cost: Parents \$60 Educators \$150. Regular monthly support groups are also provided for \$5 and the Mindful Men short course is only \$20. For more information see info@mindfulclassroom.com.au To book call 0408306100

Can: Do4Kids

Specialist Occupational Therapy and Speech support provided to children who have NDIS plans. Speak to us, your NDIS planner or call Can:Do 4Kids on 8100 8200.

Counselling Services

Natalie Jager our Family Service Coordinator provides counselling support for children birth to 8 years and their families. For more information speak to one of our team.

First Aid

Leanne Sandery's popular program assumes no previous knowledge of First Aid, includes CPR, choking, head injuries, bleeding, burns, convulsions, poisons, & fractures plus those of specific interest to her audience. Call now to book for the three hour Saturday session with a free crèche. Cost \$20/person or \$30 for a couple.

Other Health Services For Children & Families

The Grow Up Smiling Dental service operates in terms two and four for all families. CaFHS nurses visit kindy children each term and Modbury Podiatry Care provides a free foot health check annually for kindy children.

Other services

Coffee mornings, free Financial Solution presentations run each term as needed. Contact us if you have any other ideas or comments about how we can work with & for you.

NB All session attract further concession if your family is experiencing financial hardship. Speak to John, Natalie or Heather.