



### Coming Events Term 1, 2018

#### **Week 9**

Mon 26 <sup>th</sup> March	Governing Council 7:30pm
Tue 27 <sup>th</sup> March	Mobile Junk and Nature Play (Stay and Play)

#### **Week 10**

Mon 2 <sup>nd</sup> April	Public Holiday
Tue 3 <sup>rd</sup> April	CAFHS Health Checks
Tue 3 <sup>rd</sup> April	Fire engine visit

#### **Week 11**

Wed 11 <sup>th</sup> and Thurs 12 <sup>th</sup> April	Cycle Day Last day term
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#### **Term 2 / Week 1**

Mon 30 <sup>th</sup> April & Tue 1 <sup>st</sup> May	First day term
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#### **Week 4**

Wed 23 <sup>rd</sup> May	CAFHS Health Checks
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### EATING WITH CHILDREN

In light of some recent discussions, staff have observed that **what** and **how much** children are eating seems to be a 'hot topic' at the moment. We have taken this opportunity to evidence some articles from the Parenting SA website that may be useful when thinking about food for children.

What children learn at home about meal times and eating is the foundation for how they feel about food for rest of their lives. Children need to see that eating good food is an enjoyable part of life. As parents, it is up to us to decide what foods to provide and up to children to decide what and how much to eat. If, as parents, we provide a variety of healthy food and drink for our children, we can feel confident that whatever they eat will be nutritious. This is the premise of our Healthy Eating policy.

**Children are good at knowing when they are hungry and when they are full. Let their appetite guide how much they eat.**

For further information, you could visit <https://www.decd.sa.gov.au/parenting-and-child-care>, call your Child and Family Nurse (CAFHS) to make an appointment on 1300 733 606 or see a staff member about making an appointment (we have CAFHS nurses visit our centre at different times throughout the year). Another option is to call the Parent Helpline on 1300364100 or visit [www.cyh.com](http://www.cyh.com).

### CHILDREN'S SAFETY AND PRIVACY

We understand that families are naturally curious about their children's friends. Recently families have been asking after children other than their own. Staff are required to politely decline to provide information about children, including attendance information, to anyone outside Centre staff, DECD and the child's own family as per enrolment forms and associated information to protect child and family privacy. (The exemption to this is in circumstances that would otherwise put the child at risk of harm). Thank you for your understanding and supporting us to keep everyone safe.

### GOVERNING COUNCIL

Our next Governing Council meeting is on Monday 26<sup>th</sup> March at 7:30pm. All are welcome.

Key discussion and decisions from the previous meeting included:

- Endorsement of attendance and fee policies to be carried forward to next meeting as not enough members present
- Financial reports tabled
- Endorsement of the installation of car park boom gates to assist safety
- Draft philosophy statement endorsed for circulation to the broader community

Various reports were tabled at the AGM and the following decisions passed:

- Election of the 2018 committee
- Approval of the 2018 budget

Please find attached the transcript of the presentation delivered by Heather Fuss discussing Numeracy in our Setting.

### STAY AND PLAY

Glenn from *Mobile Junk and Nature Play* <http://www.mobilejunkandnatureplayground.com.au/> will be joining the Kindy children with a truck load of natural loose parts for the children to arrange and create with. Families are invited to join us at pick up time 3pm-4:30pm on Tuesday March 27 for a 'Stay and Play' session. There will be fruit for the children.



## CAFHS HEALTH CHECKS

CAFHS will be visiting the Ardtornish Children's Centre on **Tuesday 3<sup>rd</sup> of April and Wednesday 23<sup>rd</sup> May** to undertake 4 year old Health Checks.

If your child is over 4 and hasn't yet had their health check you are welcome to book an appointment with us. The 3<sup>rd</sup> of April is now full but there are plenty of times remaining for the 23<sup>rd</sup> May.

Appointments can be booked by phoning or seeing Jo at reception. Paperwork will then need to be collected and filled in prior to the appointment.

## FIRE ENGINE VISIT

On Tuesday, 3<sup>rd</sup> April at 9.30am we will be visited by a South Australian Metropolitan Fire Station (MFS) fire engine. As part of Liana's small group inquiry many of the children have been learning about fire trucks, fires and the life of a fire fighter. This visit will conclude their research into this topic with an authentic experience of real life fire fighters talking about their experience and showing children some of the things a fire truck can do. All children attending on the day who are interested in seeing the fire truck will be invited to participate. Please be aware that the truck is on active duty and may be called away or unavailable on the scheduled day. If this is the case we will do our best to reschedule another visit.

## CYCLE DAYS

Wednesday 11<sup>th</sup> and Thursday 12<sup>th</sup> April are Cycle Days – *weather permitting of course!* Children are welcome to bring in their wheels (bikes and scooters). A riding course will be set up in our carpark and supervised by kindy staff. Please remember to also **bring a helmet** as children will not be allowed to ride without one. Please name everything.

When arriving at kindy with your 'wheels' please leave them outside of reception, thank you.

Kindy bikes, scooters and helmets will also be available for children to use.

## SESSION HOURS

Kindy sessions are **8:15am–3:45pm**, with 8:15-8:45am being drop off time and 3:15-3:45pm being pick up time. Children get a maximum of 76 kindy days at Ardtornish Children's Centre. **We strongly encourage you to utilise your child's maximum kindy time** to ensure they have access all parts of the program and curriculum.

If you have questions about the rhythm and flow of our kindy day (routine) please speak with a member of staff.

## QIP

Reflective practice, continuous improvement and accountability are a part of our daily practice at ACC. Family input is not only valued but crucial for supporting us to identify areas for improvement and strategies that suit the needs of our community.

Over the past few weeks we have been emailing copies of the key areas of our QIP (Quality Improvement Plan) to families. The 4 key areas are: Children's Learning and Development, Cultural Competence, Child Protection and Family and Community Engagement. Under each of these areas we have identified key strengths, areas for improvement, planned strategies to implement improvement and our success measures. These have come from self-reflection, assessment and community feedback.

With each email we have invited you to provide feedback. All suggestions will be considered by the staff team and presented to governing council. Not all suggestions will necessarily be included in our QIP but may be added to our QIP action plan (a more comprehensive planning document that will be made available to families in the Centre and via our website) or an explanation of the reasons for not including them given to the governing council. A suggestion that is not included is still valued and provides us with an opportunity to reflect on our practices with intention.

If you would like to submit feedback you can do so by reply to these emails, in writing delivered to the Centre or face to face with any of the staff team. A copy of our QIP is available in the kindy along with post-it notes and pens offering another way for you to leave feedback.

## REMINDERS

### Signing in and out

Please remember to sign your child in when arriving at kindy (sign-in sheet is located at reception) and sign your child out when leaving kindy (sign-out sheet is located in the kindy).

### Absences

If your child has a planned absence you can notify us by writing it in the diary located at reception.

If your child is absent due to illness etc please ring or email on the day to advise us.

### Lunches and snacks

Please remember to support your child to place their lunch on the trolley in reception and **leave snacks in their bag**.



Ardtornish  
**Children's  
Centre**  
for Early Childhood  
Development and Parenting

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Government  
of South Australia

## 2019/2020 ENROLMENTS

Do you have a child, or know someone with a child, who will be due to start kindy in 2019 or 2020? Due to our high numbers it is important that you have filled in a Preliminary Enrolment form which will put your child on our waiting list.

Please see Jo at reception to pick up a form or check you have already submitted one, thank you.

## COMMUNITY INFORMATION

**Making Music** – there are still vacancies for the 9:30-10:15am Monday program.

Dues to conflict with the school's Parent Teacher meetings we postponed coping with **Big Feelings**. This session and a second on helping children to protect themselves will be run later in the year and promoted here.

**Yoga** Shauna from Wave Yoga is offering to provide a Mum's & Bub's Yoga course this and or next Term. If anyone is interested contact [info@waveyoga.com](mailto:info@waveyoga.com) or 0431 909 878. Staff currently attend a yoga class on Wednesdays after work and we are overflowing with requests. If you are interested in joining an adult yoga class, we might be able to help.

**Cycle Saturday** bookings are filling quickly - to make sure there is a space for your young cyclist book soon!

**Coffee Morning** in the Community Room 9-10am every School Assembly Friday (usually week 3, 6, 9 of each term).

Future sessions this term include **First Aid** on Saturday 7 April & a visit from Department of Human Services (Centrelink) staff to share information about the changes to **Child Care Package** and the **myGov** website at 5pm on Tuesday 10 April. We are also preparing a **Sleep Solutions** session for young children - more details on these sessions later.

**How can we help?** If you have any questions to do with your younger children we are here to assist. Drop in or give us a call to find out more or book for these or any other sessions.

John Buckell  
82649828, 0409984495 or email [john.buckell@sa.gov.au](mailto:john.buckell@sa.gov.au)

## Cycle Saturday

**It's free & there's a BBQ (veg option)**



**Best for beginner over 4½ yrs or practiced younger riders**

**Saturday 24**

**March**

**9:45am–12pm**

**In front of  
the school's gym**

## BYO Bike

**Learn to ride, develop confidence & skills, & follow the circuit around the school**

**9:45 -10:00 Registrations**  
**12.00 Free BBQ/Veg food**

**Kindy & JP kids - brothers & sisters welcome**  
**Parent supervision essential**

**NB Cancelled – if morning rain (not showers) predicted**

**With Lee Anne & from rideabikeright CYCLING SAFETY EDUCATION**  
**Helping beginners & young cyclists to develop confidence & to learn to ride safely**

**Bookings essential - drop into the Ardtornish Children's Centre,  
2 Saarinen Avenue, St Agnes  
or call 82649828, SMS 0409984495**