



Toileting and Nappy Changing Procedure

Rationale

The purpose of this policy is to ensure that all educators and caregivers practice safe, hygienic toileting and nappy changing procedures through the provision of clear and consistent expectations and processes. Ardtornish Children's Centre educators aim to cater for individual children's toileting and nappy changing needs in a positive and age-appropriate manner. By following the policy and procedures, steps are taken to control the spread of infectious diseases in accordance with recognised guidelines.

We believe this policy will ensure children receive a positive hygienic experience when having their toileting needs met.

What You Can Expect

- Educators will provide a safe and positive nappy changing and toileting experience.
- Educators will provide positive reassurance and guidance to encourage the learning of toileting self-help skills.
- Educators will follow the *Staying Healthy in Childcare* [Nappy Changing Procedure](#).
- Nappy changing and toileting will be recorded.
- Gloves are always to be worn when assisting a child with toileting/changing soiled clothes.
- Child will be changed in nappy changing area or a closed cubicle.
- Educators to assist child if needed to undress and redress.
- Soiled clothes will be sealed in a plastic bag or child's own wet bag, and put in child's bag.
- Child's hands will be washed after changing clothes.
- All involved surfaces to be washed and sanitised.
- Educators to thoroughly wash hands.

Please note: Preschool educators will notify another member of staff of their intent to change a child or support a child to change.

What We Expect

- Families and caregivers to communicate their child's toileting and nappy changing needs, to enable educators to meet their individual needs.
- Families and caregivers to supply nappies and a change of clothes for the child.

References

Australian Children's Education and Care Quality Authority, National Quality Framework [Quality Area 2](#) (2.1.1, 2.1.3, 2.1.4, 2.3.1), accessed February 2016.

[Belonging, Being & Becoming: The Early Years Learning Framework for Australia](#), *Outcome 3: Children take increasing responsibility for their own health and physical wellbeing*, accessed February 2016.

[Staying Healthy in Childcare: Preventing infectious diseases in early childhood education and care services](#), 2013, 5th edition, accessed February 2016.

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