



## Sun protection policy

### National Quality Standard Area 2 | Children's health and safety

Children have the right to experience quality education and care in an environment that safeguards and promotes their health, safety, and wellbeing.

### Purpose

All department school sites, and early childhood education and care services must have a sun protection policy in effect for school terms 1, 3 and 4 and whenever ultraviolet (UV) radiation levels reach 3 or above.

Sites must inform the preschool/kindergarten/children's centre community including employees, students, parents, and volunteers of the sun protection policy. Wherever possible, children and young people are encouraged to be responsible for their own sun protection.





## protection

This site uses a combination of sun protection measures for all outdoor activities on- and off-site whenever the UV rating is predicted to be 3 or higher during the day including:

### Clothing

Children should come to Kindy wearing sun protective clothing at this site. Clothing should be cool, loose fitting and made of closely woven fabric. This includes tops with sleeves covering shoulders, longer style dresses and shorts and rash tops or t-shirts for water play. The site maintains a supply of spare tops for children who may present with clothing that expose the shoulders.

### Sunscreen

Children with allergies are asked to provide their own SPF30+ (or higher) broad spectrum, water resistant sunscreen and the site supplies SPF30+ (or higher) broad spectrum, water resistant sunscreen for children's use.

We ask families to ensure children apply sunscreen before coming to kindy. We support children to re- apply sunscreen as a group just before lunch.

Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or paediatrician.

### Hats

All children are required to wear hats that protect their face, neck, and ears e.g., legionnaire, broad brimmed or bucket hats with no strings, whenever they are outside. Baseball, peak caps and beanies are not acceptable when the UV is expected to be 3 or over. The site maintains a supply of spare hats that are washed between uses for occasions where a child does not have their own hat. There is a hat visual by the door to the outdoor space providing a visual reminder to children. Educators will remind children to wear their hats before and during outside play.

### Shade

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible. Outdoor events are scheduled to be held during term two or earlier in the day where practical.

Children are encouraged to use available areas of shade when outside.

Children who do not have appropriate hats or clothing are asked to stay inside. Educators remind children of this expectation verbally.

At times of extreme heat, the swings are closed for children's use to avoid contact burns.



## Hydration and food safety

Staff will encourage children to drink water through verbal reminders and group routines. Staff will re-fill children's drink bottles as needed. Families are encouraged to pack children's food in insulated storage and include an ice brick on very hot days.

## Curriculum

Learning about sun safety is included in the curriculum for all year levels.

Sun Smart behaviour is regularly reinforced and promoted to the whole Centre community through newsletters, website, parent information meetings, staff meetings, and in student enrolment packs.

Staff will adhere to the same sun safe expectations as children as positive role models.

## Supporting information

The information has been extracted from the [Cancer Council SA SunSmart policy](#).

## Record history

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## Approvals

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Approved by: Heather Fuss | Director, Ardtornish Children's Centre

Approved by: Governing Council, Ardtornish Children's Centre

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Next review date: 25 March 2027 (must be 3 years from the approved date)

## Revision record

(List the revision record in order of most recent updates at the top)

Version: 1.0

Approved by: | Director, Ardtornish Children's Centre

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Amendment(s):